2020 5th Grade Trip: Packing List

What to pack

We will be away three days and two nights and will be playing and adventuring outside, rain or shine.

Note: Label clothing and personal items

- Please have your child wear the 5th grade shirt (or another SPARK shirt) the first day of the trip we'll do a group photo upon arrival while they're all still clean!
- 2 changes of clothing per day (don't forget underwear and socks!) including old shirts & jeans (for ropes courses)
- Hat (baseball hat or other sun hat)
- Jacket or sweatshirt (for cool mornings and nights)
- Rain gear (classes continue regardless of the weather)
- 2 pairs of shoes (a pair to keep dry and a pair that can get wet) Note: NO flip flops or sandals without a heel strap. Wearing wet socks and shoes will cause blisters, so bring extras!
- Sleeping bag or sheet and blanket & pillow with pillowcase (bottom sheets will be provided)
- 1-2 towels & washcloths
- Toiletries (shampoo, soap, deodorant, brush, toothbrush, toothpaste, chapstick, etc.)
- Bag or basket to carry supplies from lodge room to the adjacent bathrooms (inside lodge)
- Water bottle
- Sunscreen and bug repellent
- Plastic garbage bags or large ziplock bags marked with the owner's name (for wet clothes)
- Sketchbook or journal and pencil if your child might enjoy journaling or drawing
- A book or two of your child might want to read during down time
- Playing cards or other game you child might enjoy during down time
- Up to \$5 cash to use at the Canteen.

What NOT to pack

- Chewing gum
- Flip-flops (except for showering) or any sandals without a heel strap
- New or nice clothing (we will be getting dirty and wet)
- Electronics, cell phones, iPads, etc.
- Skateboards, roller blades, bicycles, etc.
- Items of high value or that you don't want to lose (Ocoee Retreat Center and/or SPARK are not responsible for lost or stolen items)

MEDICATION

Medication must be left with Ms. Thurman, who will oversee its use. Refrigerated medication may be kept in a refrigerator in the teachers' lodge or in the kitchen. **You must have an APS medication form completed to send medication.** Please download the form from 5th grade site INSERT LINK and submit to Ms. Thurman, <u>mrthurman@atlanta.k12.ga.us</u>.